

Advice after a head injury for adults with bleeding disorders

Information for patients



This leaflet is for you to take with you after visiting hospital for your head injury. We now feel happy for you to go home. Please make sure someone is at home with you for the first 24 hours. Please ask them to also read this leaflet.

If you experience any of the following symptoms you should immediately contact the On-call Coagulation Registrar or the On-call Haematology Specialist Registrar on the numbers at the end of this leaflet. They may ask you to go to the nearest Accident and Emergency Department. You will also need to follow the instructions below:

- If you have factor concentrate at home, please take the 'head injury dose' as advised by the On-call Registrar.
- If you are being taken to hospital by ambulance, ask the crew to give you this dose.
- If the ambulance crew are unable to give you the dose, make sure it is taken with you and handed to the medical team on arrival at hospital. Staff at the hospital will then give this to you.

Symptoms to watch out for:

- persistent headache
- vomiting
- seizures or fits
- problems with your eyesight, hearing or speech
- fainting or dizziness
- weakness in one or both arms or legs, your face, or the entire side of your body
- problems walking or clumsiness
- change in your normal behaviour.

If any of these symptoms develop, we need to know immediately.

Please call us on **01865 741 166** (John Radcliffe Hospital Switchboard) and ask for:

- the On-call Coagulation Registrar on bleep **5529**
(Monday to Friday, 9am to 5pm)

or

- the On-call Haematology Specialist Registrar
(out of hours and at weekends)

If you have a specific requirement, need an interpreter, a document in Easy Read, another language, large print, Braille or audio version, please call **01865 221 473** or email **PALSJR@ouh.nhs.uk**

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