

## Help with this leaflet:



If you would like this information in another language, large print or audio format, please ask the department to contact Patient Information: 01223



216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)



We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

# Emergency Department

## Patient Information

# Discharge advice for women attending with abdominal pain

### Document history

Authors	Emergency Department
Department	Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ <a href="http://www.cuh.org.uk">www.cuh.org.uk</a>
Contact number	01223 217118
Publish/Review date	June 2011/June 2014
File name	Discharge_advice_for_women_attending_with_abdominal_pain
Version number/Ref	1/PIN2769

- You have attended the Emergency Department (A&E) today with abdominal pain but are being sent home. The doctor who saw you today does not think that you need to be admitted to hospital. Abdominal pain is very common and we often do not find what is causing the pain. Most abdominal pain will settle down over a few days.
- You should take simple pain killers regularly, such as paracetamol or the medicine that the doctor gave you at your visit. You can take up to eight paracetamol tablets in a single 24 hour period.
- If your pain does not settle down within a few days, you should go and see your GP.

## **Do I need to come back to the Emergency Department? What should I look out for?**

### **If you...**

- develop very severe abdominal pain
- develop pain that goes through to your back
- develop shoulder pain
- become feverish or shivery
- start vomiting or passing blood from your back passage
- bleed much more heavily than normal from your vagina
- suffer any fainting or collapse episodes

**You should make your way to the Emergency Department if you are able or alternatively call for an ambulance.**

**NHS Direct 0845 4647**