BRI Emergency Department
Thromboprophylaxis Protocol

For ambulatory patients over 16 years old with isolated lower limb trauma requiring immobilisation in a rigid boot or plaster of paris

Please tick any contraindications to thromboprophylaxis

- eGFR < 30mL/min
- Current warfarin/dabigatran/apixaban/rivaroxaban etc.
- Haemophilia
- Other haemorrhagic disorder
- Heparin-induced thrombocytopenia
- Cerebral haemorrhage within 6 weeks
- Severe hypertension ≥ 180/110mmHg
- Upper GI bleed within 6 weeks
- Major trauma within 6 weeks
- Hypersensitivity to heparin
- Risks outweigh benefits
- Thrombocytopenia

Tick here  if no contraindications identified and thromboprophylaxis recommended

Management

- Explain the management and symptoms of DVT/PE and gain verbal consent from the patient
- Request FBC, U&E and LFT (no need for the patient to wait in the emergency department for results)
- Make a ‘thrombosis service’ appointment for within 48 hours of emergency department attendance (call ext: 24684 8am-4pm Mon to Fri; 9am-1pm Sat & Sun, or via CSM at other times)
- Give the patient the information leaflet with the appointment details already written in
- Complete and fax this form to the DVT clinic on 0117-342-4323